

About the Coalition

We are a community coalition of students, mental health professionals, concerned parents, nurses and caring volunteers dedicated to reducing suicide in Jackson County, Oregon. We are an outgrowth of the Garret Lee Smith Memorial Act which funds youth suicide prevention in Oregon.

Mission Statement: The mission of the Jackson County Suicide Prevention Coalition is to raise awareness of the problem of suicide in our county, reduce the incidence of suicide and suicidal behavior in Jackson County, and provide support for all those affected by suicide.



All interested individuals are welcome to contribute



Jackson County Mental Health

Call (541) 774-8201 at anytime.

A mental health crisis is where someone is at risk to themselves or others due to a mental illness. If you or **someone you care about** is suffering from a mental health crisis, call to speak with a qualified mental health professional at Jackson County Mental Health Services.

Jackson County Suicide Prevention Coalition

A community coalition dedicated to reducing suicide in Jackson County, Oregon



Jackson County Mental Health

(541) 774-8201

Jackson County Suicide Prevention Coalition

What We Do:

We are actively involved in suicide prevention education. While we do not provide direct service, we can assist you in finding a suicide prevention program for your school or organization.

Our educational programs include:

- School based education (RESPONSE)
- Applied Suicide Intervention Skills Training (ASIST)
- Basic suicide awareness training

We advocate community based programs such as:

- Emergency Room Patient Follow-up
- Post-Attempt Means-reduction Education
- Improving Access to Mental Health Resources in Jackson County
- Public Media Campaigns
- Support Groups
- LIFE Art
- International Survivors of Suicide Loss Day

Public Meetings:

Our meetings are open to the public and generally occur on the second Tuesday of each month from 3:00 to 4:30 PM .

Jackson County Mental Health
140 S . Holly
Medford, OR 97501

For further information you may call
Jackson County Mental Health at
(541) 774-8201



www.suicidepreventionjacksoncounty.com

Worried About a Friend?

Throw out a listening lifeline.

I **am** going to **listen** to you

I am **not** going to **judge** you.

I am **not** going to embarrass you.

I will **not** say "everything is going to be OK"...

Because you do **not** believe that.

Please **tell me** what is going on.

Want More Information or Additional Resources?

For more information on the coalition, our educational and community based programs, and for a complete list of additional resources and support services offered in Jackson County please visit our website at: